

VICTORIOUS OVER DEATH

Bible Study Guide #1 * Published 10/11/2023

PERSONAL PERSPECTIVE	How do you view death?	
	Why is it difficult for many to talk about death?	
	Why do we delay in preparing for our own death?	
	Are you at peace with death today? If not, what is the reason?	
DEFINING DEATH	Is physical death the end of all existence?	Luke 16:19-26
3 Kinds of Death	Physical	James 2:26
	Spiritual	Isaiah 59:2; Matt. 8:22 Eph. 2:1; Col. 2:13; 1 Timothy 5:6
	Eternal	Matthew 10:28; 25:31-46 <u>Others:</u> Revelation 2:11; 14:9-11; 20:11-15; Isaiah 66:22
Bible Expression of Death as "Sleep"	An Euphemism The Greek word <i>koimeterion</i> is base of English word "cemetery."	John 11:11-13; Acts 7:60; I Thess. 4:15; I Cor. 15:6,18
	Sleep	John 11:11-14
	Fell Asleep	Acts 7:60; 13:36; 1 Corinthians 15:6, 18, 20, 51; 1 Thessalonians 4:13-17
	Slept with His Fathers	Deuteronomy 31:16; 2 Samuel 7:12; 1 Kings 2:10
	Slept in the Dust	Job 7:21; Psalm 22:15; Daniel 12:2

HOW DEATH CAME INTO EXISTENCE		Genesis 2:17; 3:17-19
		1 Corinthians 15: 21-22

CAUSES/MEANS OF EARTHLY DEATH

Murder - Cain murdered Abel (**Gen. 4:8**)

Natural Disaster - Floods (**Gen. 7:17-22**)

Childbirth Complications - Rachel (**Gen. 5:16-18**)

Accidents - Laws Protecting... (**Num. 35:11-12**)

Sickness - David's Son (**2 Sam. 12:15-18**)

Suicide - Judas (**Matt. 27:5**)

Horrific/Slaughter - John the Baptist (**Mark 6:27-29**)

Natural (i.e. Old Age) - Abraham (**Genesis 25:8**) & David (**1 Chronicles 29:28**)

What are Some Other Causes/Mean of Death?

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Good News!	Deliverance from Death	Hebrews 9:27-28
	What will Jesus do when he appears a second time?	
Our Natural Response	What is Our Natural Response to Death?	
Grief	Name Some Biblical Characters who Grieved	Genesis 23:1-4, Numbers 20:28-29, Mark 16:9-10; John 11:32-35
Define Grief	How do you personally define grief?	
	What are some circumstances that cause grief?	Name at least 3
The Importance of Grieving	There is a time to Grieve	Ecclesiastes 3:4
	Prerequisite toward healing	Matthew 5:4
	Grieving is a Process	Gen. 50:3
	Historically, grief was for a period of time	Custom 7 days, but 30 days for national leader Deuteronomy 34:8
Core Stages of Grief	Shock	Numbness or feeling of unreality
	Depression	We may not want to do or engage in anything. Guilt may creep in.
	Anger & Anxiety	Get mad when hurt is too painful
	Acceptance	Healing begins at this stage. You stop living in the past...
Additional Stages	Bargaining	Making a deal with self or God
	Catharsis	Yelling, Crying, Punch a Wall, etc.

How Can We Help Others	Be There	Most Remembered
	Listen	Simply Listen vs. Talking
	Use God's Word to comfort (As led by the Spirit)	Psalm 116:15, Isa. 57:1-2; Revelation 15:3
	Help the person face his or her feelings	It's okay to feel angry, hurt, and pain. God understands. God knows what it is like to experience grief.
Positive Responses to Death in the Bible	David refreshes himself and comforts his wife	2 Samuel 12:16-24
	Job worships God	Job 1:18-21
Grief Overcome by Hope!		1 Thessalonians 4:13

WHO HAVE YOU GRIEVED OVER OR GRIEVING OVER?

HOW LONG HAVE YOU BEEN GRIEVED/GRIEVING?

HAS GRIEVING NEGATIVELY AFFECTED YOUR FAITH?

**WHERE ARE YOU IN THE GRIEVING PROCESS
(If Applicable)?**

**HOW DO YOU SEE THIS LESSON
POTENTIALLY HELPING YOU OR
SOMEONE ELSE DEAL POSITIVELY WITH GRIEF?**